

## FLU CLINIC

**THURSDAY 9<sup>th</sup> October 2014**

### **Those eligible for seasonal influenza vaccines are:**

- All those aged 65 & over
- All those aged 6 months & over and in one of the clinical groups listed below

### **At risk clinical groups:**

- Chronic respiratory disease including asthma
- Chronic heart disease
- Chronic renal failure
- Heart failure
- Immunosuppression
- Diabetes
- Chronic liver disease
- Pregnant Woman
- Some neurological conditions
- Those in receipt of a carer's allowance
- Those in long-stay residential care homes

Appointments will be available for booking after 3rd September 2014 so please call the surgery on 01675 442510 after 11 am to book your place at the flu clinic. If you attend the luncheon club at Fentham Hall please do not book an appointment as we will be attending the lunch on Wednesday 1<sup>st</sup> October 2014 and will vaccinate any patients that wish it.

### **Pneumococcal Vaccination:**

In addition to the flu vaccine we also offer the opportunity to be vaccinated against one of the types of pneumonia which may affect people as they get older. The Chief Medical Officer recommends anyone over 65 years of age should have this vaccine. Unlike the yearly seasonal flu vaccine, the pneumococcal vaccine usually only needs to be administered once. It can be given at the same time as the flu vaccine so if you think you are eligible please mention this when booking your seasonal flu vaccination.

## **Other Vaccines available this Autumn:**

### **Children's Influenza:**

Under the childhood seasonal vaccination programme we will be offering the vaccination to all children **aged 2, 3 and 4 on 1<sup>st</sup> September 2014**. (The Practice will write to the patients who fall within the cohort for the vaccination to inform them of the special clinics we will be running).

### **Shingles programme:**

We will be offering the Shingles vaccine to certain age groups of patient. **Eligible patients are only those** who are aged 70, 78 or 79 on the 1<sup>st</sup> September 2014.

### **Meningitis C:**

The meningitis C vaccine, better known as MenC, protects against infection by the meningococcal group C bacteria, which can cause two very serious illnesses, meningitis and septicaemia.

### **New programme for 14 year olds:**

A MenC booster will be given at around 14 years of age and can be given at the same time as the 3-in-1 teenage booster and will extend the children's protection against MenC into early adulthood. This can be given in routine appointments with the nurses.

### **Catch up programme for University Students:**

A MenC vaccine will be offered to first time university entrants in Autumn 2014 who are aged 17 to 25 at any time from 1<sup>st</sup> April 2014 to 31<sup>st</sup> March 2015. The vaccine will only be available till 31<sup>st</sup> October 2014. Eligible patients will be informed by UCAS and will need to book an appointment with one of the practice nurses.

# Hampton Surgery Summer 2014

## DNA – DID NOT ATTEND

**DNA's are a huge waste of time and resources for the practice**

**You can help us to prevent this**

**You can also help other patients**

What is a DNA? A DNA is when a patient does not attend for a booked appointment. During the month of June we had 61 DNAs, which were equivalent to more than 10 hours of surgery time. You can help us to prevent this by simply cancelling your appointment.

### **Cancelling an appointment is simple**

Phone us on 01675 442510 anytime between 0830 and 1300 and 1430 and 1800 Monday, Tuesday, Wednesday & Friday and 0830 and 1300 on a Thursday.

Log on to your online patient access where all your upcoming appointments are listed and can be cancelled or rebooked for another date or time.

Please check that we have your correct mobile number on your patient records next time you are in surgery to take full advantage of our free SMS appointment reminder service which will send you a text reminder 48 hours before your appointment, this will help ensure that you don't forget your appointment or give you time to cancel if you cannot make the appointment. Someone else will be able to use your appointment even if you cancel at short notice.

Thank you to everyone who attended the Dementia Awareness Session organised by one of our trainee registrars Dr Rachel Knightly. The practice would also like to thank the Fentham Trust for support in allowing us to use their facilities and the speakers Geraldine Russell & Phil Stokes of the Alzheimer's Society for giving up their time.

Later in the year the Practice will be running an awareness session for carers, so please keep a look out for the information which will be posted in the surgery and around the village. Please let us know if you are a carer or have a carer so we can update our records and ensure that we are able to offer access to services that can help you.

### **The Village Transport Scheme needs your help:**

The scheme assists villagers who need help to get to Hospital, Dental, Opticians or GP appointments. It is run by volunteer drivers. The service is desperately short of drivers. Could you spare a few hours a week to help out? If so please contact: Frances Linn Tel: 01675 442124 or Judy Fish Tel: 01675 442582.

If you are a user of the Community Transport please remember it is not for taking people to the shops or hairdressers and they do usually need more than 48 hours notice.

**You can now book appointments and order repeat prescriptions online. If you wish to register for this service then please ask at reception for a registration form or visit the practice website to download a form.**

**[www.hamptonsurgery.co.uk](http://www.hamptonsurgery.co.uk)**

**IF YOU OR SOMEONE YOU KNOW NEED THIS NEWSLETTER TO BE MADE AVAILABLE IN A BIGGER PRINT PLEASE CONTACT THE SURGERY ON 01675 442510.**